

# sky

DELTA

**FEATURING**  
1 CITY, 5 WAYS: NASHVILLE  
ELVIS COSTELLO'S FAVORITE STREET  
ANDREW ZIMMERMAN IN SAN DIEGO  
ENTREPRENEURS CLIMBING THE SUMMIT  
TIME OUT IN BARCELONA

OCTOBER 2015

BRANDING  
**Optimism**

**+**  
ESCAPE  
THE EVERYDAY  
IN SOME OF  
THE WORLD'S  
MOST  
SPECTACULAR  
SPAS  
F-31



**◀ LUNCH**  
**Chauhan Ale & Masala House**

The new darling of the dining scene in Nashville, this modern Indian gastropub is the brainchild of *Chopped* judge and chef Maneet Chauhan. Kick off with the Indian "meat and three" thali, and finish with the "kheer gulab jamun" sundae. [chauhannashville.com](http://chauhannashville.com)